

# Diet Modification Form

2024-2025

Date Received by FS/Initial: \_\_\_\_\_

READ CAREFULLY: ONLY COMPLETE THIS FORM IF YOUR CHILD HAS SPECIAL DIETARY NEEDS



**INSTRUCTIONS FOR COMPLETING FORM:**

**PART A:** To be fully completed by a parent requesting menu modifications for a student  
**PART B:** To be completed by physician ONLY if you are requesting changes to your child's diet due to food allergies or a medical condition

Return completed form to school front office.

Please contact district office if you have questions about completing this form: 850-767-4257 or FSSupport@bay.k12.fl.us

**PART A - Parent/Guardian to complete**

<b>School Name:</b>	Grade Level: <input type="checkbox"/> Pre-K <input type="checkbox"/> K-5 <input type="checkbox"/> 6-8 <input type="checkbox"/> 9-12
Student Name:	Student Date of Birth:
Parent/Guardian Name and Email Address:	Telephone Number:
Parent Request: <input type="checkbox"/> Medical Condition/Allergy ( <b>PHYSICIAN NEEDS TO COMPLETE PART B</b> ) <input type="checkbox"/> My Child will not eat school meals. This form is for information purposes only.	
Parent/Guardian Signature: <u>X</u> _____ Date: _____	

**PART B- Completed and signed BY PHYSICIAN ONLY - food allergy/medical condition**

**Special Diet Request due to  Food Allergies  Medical Condition (please specify) \_\_\_\_\_**

Please check all the foods that need to be **ELIMINATED** from child's diet during the school day; please note life threatening with LF.

**DAIRY**

- Fluid Milk (Substitute w/Dairy-Free Milk: **Y** or **N**)
- Cheese  Cheese cooked in a meal (Pizza, Alfredo)
- Yogurt
- Baked goods that contain dairy (Bread)

**EGG**

- Whole eggs
- Baked goods that contain eggs

**WHEAT/ GLUTEN**

- Wheat
- Recipes with any gluten containing grain

**FISH OR SHELLFISH**

- Fish  Shellfish

**PEANUTS TREE NUTS**

- Peanuts
- Tree Nuts

**CORN**

- Whole corn and corn containing recipes

**SOY**

- Soy protein (concentrate, hydrolyzed, isolate)
- Recipes w/any soy listed as ingredient

**OTHER - please specify:** \_\_\_\_\_

**TEXTURE - please specify:** \_\_\_\_\_

Foods to be omitted:	Recommended alternatives:
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<p>X _____  <b>Medical Authority Signature</b></p> <p>X _____  <b>Medical Authority Printed Name/Date</b></p>	<p>Medical Office Stamp (Please include phone number)</p>
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**For Official Use Only**  
 Date Received by School: \_\_\_\_\_ Initials: \_\_\_\_\_  
 Date Received by Cafeteria Manager: \_\_\_\_\_ Initials: \_\_\_\_\_

This institution is an equal opportunity provider.