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Jerry Register

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Ginger Littleton

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Pamm Chapman

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Ryan Neves

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Steve Moss

District 5

## MINUTES BAY DISTRICT SCHOOL BOARD WORKSHOPS May 7, 2019

## SCHOOL BOARD WORKSHOPS - 9:00 A.M. - BOARD ROOM

Present: School Board Chairman Steve Moss; Pamm Chapman, Vice Chair; School Board Members Ginger Littleton, Ryan Neves, Jerry Register; William Husfelt, Superintendent and School Board Attorney Franklin Harrison.

The workshop was called to order at 9:00 a.m. by School Board Chairman Steve Moss.

## Mental Health Update - Post Hurricane Michael

The Superintendent began the workshop with a powerpoint presentation. He recognized the workshop contributors: Denise Kelley, Assistant Superintendent, Kara Mulkusky, Director of Student Services, Scott Sevin, 7-Dippity, Inc. Consulting Group, Annette M. LaGreca, Ph.D. ABPP, University of Miami, the BDS Mental Health Team, and Kevin Sansbury, BDS Technical Assistance, who set up the Google livestream with Scott Sevin and Annette LaGreca.

The Superintendent covered the following topics:

- Immediate Unmet Student Needs
- Community Providers Current Staffing Shortages
- Supports Provided To-Date Local "Heroes" are the Community of Care
- Bay District Schools by the Numbers
- Mental Health Concerns
- Question: With Summer approaching Can the Mental Health Team risk suspending Community of Care referrals from the schools? The district plans to set up a number parents/guardians can call for assistance during the summer. It will include activities offered, mental health referrals, and food distribution centers. Littleton asked about vouchers for transportation and the Superintendent stated he hopes the city or county can assist with the transportation.
- BDS Disaster Mental Health Funding \$0.00
- Contacts Made for Mental Health Support: FEMA, US Department of Health, United States Congress, U.S. Department of Education, Florida State University (Tallahassee & Panama City), Department of Children and Families (DCF), Florida Department of Emergency Management, Florida Department of Education, numerous local organizations. The Superintendent made a trip to Washington D.C. and met with many elected officials and is hopeful funding will be coming soon.
- Community Provider Network Interviews
   Scott Sevin and Elizabeth Granzow, Special Projects Coordinators
   along with Denise Kelley, Kara Mulkusky, and Cheri Wroblewski
   conducted online surveys of the local providers and found Bay
   County lost 40-60% of providers due to the hurricane.
- Psychosocial Recovery Training/ Support Kara Mulkusky shared that her team met with Dr. Jim Clark, FSU, Social Work Department. He provided Psychological First Aid Training before the staff welcomed back the first wave of students. The teachers attended Saturday trainings before the students returned to their classrooms.

**Mental Health and Disasters** presented by Annette M. LaGreca, Ph.D. ABPP, University of Miami. She is in the clinical psychology department and has worked with responders and victims of disasters for the past 25 years. She began her work with Hurricane Andrew to understand the effects of disasters on children.

- Nature of Traumatic Events threatens one's personal safety and security.
- Mental Health Reactions common reactions are PTSD, grief, substance abuse, and stress related problems.
- Mental Health is Important to Recovery! They affected everyone's recovery.
- Children and Disasters: Lessons Learned Lesson 1: Traumatic events affect children much more than adults realize.
- PTSD and Children's Trauma Reactions
- Children who do not recover by 9 months have persistent posttraumatic stress
- Many Youth Report Multiple Problems
- BDS Student Preliminary Psychosocial Results 20% reported depression, 25% reported general anxiety, 17% had symptoms of PTSD, many had multiple problems
- BDS Needs Assessment girls are reporting more depression and anxiety, elementary students reported the most anxiety and PTSD, the high school students reported the most depression. Black students reported more loss and disruption as well as ESOL students.
- Lesson 2: Youth depend on caregivers' support for recovery, but caregivers are also affected.
- BDS Employee Preliminary Psychosocial Results over 1/3 reported symptoms of depression, 30% reported general anxiety, and 16% reported symptoms of PTSD.
- Preliminary Mental Health Concerns
- Implication for BDS
- Lesson 3: Trauma-related loss and disruption can ensue for a year or more.
- Hurricane Katrina
- Implications for BDS a need for mental health for the long term.
- Lesson 4: Interventions are needed for post-disaster recovery (and into the long term).
- Disaster Timeline
- Implications for BDS
- Long Term Interventions coping and dealing with disasters, classroom and family activities. Care for the caregivers such as self-care.
- Overall Plan Needed for Recovery

Denise Kelley explained that the government's response is tell them what the district needs which is difficult due to the district does not specialize in mental health. Scott Sevin has introduced the district to many contacts that deal with the aftermath and mental health after a disaster.

Scott Sevin stated that the assessment of the district is almost complete and are ready for the long-term planning to start. He would like to assist the district to develop a Plan A and a Plan B. Resources are a shortage. Training and support for the caregivers before the summer is very important. Summer is a concern. The panhandle is under resourced. After the storm, there is a higher need for resources. Locating funding has been frustrating. Sevin has been contacting several foundations and government agencies. The 7-Dippity Scope of Work: Professional Consultation, Assessment, Professional Development, Psycho-educational tools.

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At 10:10, Chairman Moss called for a 10 minute recess and reconvened the workshop at 10:20 a.m.

## Property Insurance Renewal 2019-2020

Jim Loyed, Executive Director of Business Support Services explained that the current property insurance expires on May 15, 2019. The overview of coverages for 2019-2020 were prepared by the district's broker J. Smith Lanier & Company, Inc.

The current policy has a limit coverage of \$250,000,000 for All Other Perils, sub-limits of \$100,000,000 for Hurricane and Tropical Storms (wind) and \$100,000,000 for Flood and Earthquake. The annual premium for the current policy is \$1,083,361.

Tracey Smith, Risk Manager, thanked the employees of J. Smith Lanier & Company, Inc. for assisting her with the insurance policies and the three choices.

Option #1: 100 Million Blanket Policy with \$50 Million wind coverage: \$2,080,750 Option #2: 150 Million Blanket Policy with \$100 Million wind coverage: \$2,966,975 Option #3: 150 Million Blanket Policy with \$150 Million wind coverage: \$3,687,225

The School Board will vote on these options at the Special School Board Meeting at noon today.

At 11:15 p.m., with no further business scheduled to come before the Board, Chairman Moss adjourned the School Board Workshop.

Steve Moss Chairman

Bill Husfelt Superintendent