

Mental and Emotional Health Education Implementation Plan



State Board of Education Rule:	6A-1.094121 Mental and Emotional Health Education
Name of the School District	Bay District Schools
Superintendent of the School District	Mr. William Husfelt
Implementation Period: (MM/YY – MM/YY)	10/19 – 05/20
Submission Date to the Commissioner	12-1-2019
Direct URL to the Implementation Plan as posted on the school district website	http://www.bay.k12.fl.us/Mental-health
School District Contact(s) for this Plan <i>(name and email address)</i>	Kara Mulkusky, Director of Student Services: mulkukm@bay.k12.fl.us , Suzanne Farrar, Director of Secondary Education: farrash@bay.k12.fl.us , & Susan Ross, Director of Elementary Education: rossm@bay.k12.fl.us

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input type="checkbox"/> Art – Visual Arts	<input type="checkbox"/> Experimental Education	<input type="checkbox"/> Peer Counseling	<input type="checkbox"/> World Languages
<input type="checkbox"/> Computer Education	<input type="checkbox"/> Health Education	<input type="checkbox"/> Physical Education	<input type="checkbox"/> Other
<input type="checkbox"/> Dance	<input type="checkbox"/> Library Media	<input checked="" type="checkbox"/> Research/Critical Thinking	
<input type="checkbox"/> Drama – Theatre Arts	<input type="checkbox"/> Mathematics	<input type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input type="checkbox"/> Music Education	<input type="checkbox"/> Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input checked="" type="checkbox"/> Florida Certified Teacher			
<input checked="" type="checkbox"/> Community-based Expert			
<input type="checkbox"/> School Nurse			
<input type="checkbox"/> School Counselor			
<input type="checkbox"/> School Psychologist			
<input type="checkbox"/> Other			
Please explain the rationale for delivering the instruction in the courses selected above for each grade level.			
<p>6, 7, 8: BDS implements a 1:1 technology initiative for all middle school students (6-8). Each student has been provided a Chromebook. Students will be able to utilize their device during their Critical Thinking period to complete the instructional modules online with the support of their Critical Thinking assigned teacher.</p> <p>9, 10, 11, 12: To ensure that all students in grades 9-12 have access to the Freedom 180 curriculum, we have decided to access students during their designated ELA periods.</p>			
Please describe the methods for delivering the instruction for each grade level.			
<p>6, 7, 8: Middle school students in grades 6-8 will complete digital lessons using the program EVERFI. The program will provide a progression of lesson topics including: Mental Wellness Basics, Prescription Drug Safety, Character Playbook, Analyzing Influences, Understanding & Managing Emotions, Resolving Conflicts, Stepping In, Making Decisions, Strengthening Mental Health Foundations, Understanding Mental Health Disorders, Physical vs. Mental Health Disorders, Healthy Coping Skills, Reframing Negative Self-talk, Getting Help, and Identifying Stigma. Critical Thinking teachers will facilitate completion of the online modules and will monitor students' progress.</p>			

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9, 10, 11, 12: Bay District Schools is partnering with Freedom 180, the positive youth development program at the Florida Department of Health, Bay County to provide the Mental and Emotional Health Education to all high school students, grades 9-12. The Freedom 180 program promotes healthy lifestyle choices for youth using both preventative health education and positive youth development teaching methods. The curriculum includes REAL Essentials which uses a whole health, trauma-informed approach to help students develop the skills they need to thrive and to help improve their overall, physical, mental, and emotional well-being. A range of topics covered in the curriculum include Drug and Alcohol Prevention, Social and Emotional Intelligence, Suicide Prevention, Bullying, Consent, and Healthy Relationships. The Freedom 180 instructors will push in during the designated ELA periods to complete 9 lessons. Classroom teachers will remain in the room to provide assistance with safety and supervision.

Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

6, 7, 8: EVERFI (accessible to students using their assigned Chromebook)

9, 10, 11, 12: FREEDOM 180 Program/REAL Essentials Curriculum (all materials provided by the Freedom 180 Team with the FLDOH-BC).